

a bit of heart

using lace cardstock + paint to create textured pages : featuring products from Cocoa Daisy February 2008



capture.create.

supplies

- 4, 6 x 6 cardboard squares
- 1, 12 x 12 sheet thick transparencies cut into 4, 6 x 6 squares (you will only be using 3)
- 1, 12 x 12 sheet lace cardstock
- 4 plastic hearts
- 6, 4 x 4 photos
- American Crafts Glitter Alphabet
- 7 gypsies stickers
- 3 squares of patterned paper cut to 6 x 6
- 2 sheets from Making Memories Journaling Book
- 1 CD Muckosky card
- Delta Antique White Paint
- Paint Brush
- Mod Podge or Spray Adhesive for lace cardstock
- Rolling Adhesive
- sewing machine



exterior + interior cardboard pages

1. Adhere lace cardstock (6 x 6 pieces) to cardboard using either a spray adhesive or mod podge. If using mod podge let dry.
2. Cover both lace cardstock + cardboard with paint. Set aside to dry. Paint the back side of one of the pieces of cardboard (this will be the final page).
3. Once dry, machine stitch the plastic hearts directly onto the cover. Yep, machines can stitch through cardboard.



transparent pages

1. On each 6x6 transparent piece adhere one 4x4 photo on the front and one 4 x 4 photo on the back. I made my photos 3.75 x 3.75 to allow myself the white border.
2. Using a machine, stitch around the outside of the photo, creating a border/frame all the way around. As you can see by the sample, mine is delightfully imperfect.
2. Punch holes for rings. Mine are 1.5 inches from the top and 1.5 inches from the bottom.

other side of cardboard pages

1. After the paint has dried + the stitching complete, adhere a pattern paper to the back of three of the cardboard pages. I used a rolling adhesive all along the edges.
2. On two of the pages, adhere a sheet of the Making Memories journaling paper. On the other, choose one of CD's cute designs to cut out and adhere.
3. Choose a "saying" for each spread. I went with "hello now," "say yes," and "good life." I used #1's for the "L's" in "hello."
4. Add word stickers + journaling to tell your story.





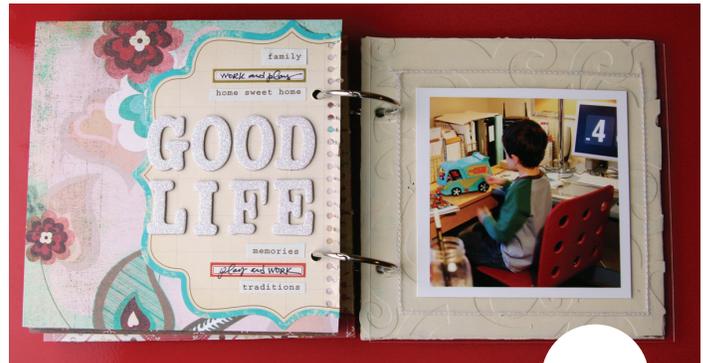
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one



two



three



content + subject matter

This is one of those albums that could really be about anything. A child, spouse, a friend. The hearts tend toward love - maybe a book at Valentine's Day (from this year or a compilation of years past). Take a look at the basic design format and then make it work for a story that has been waiting to be told. I decided to go with a look at "right now" by showcasing some photos of my son over the last few weeks.

variations

Don't have a sewing machine? Attach the plastic hearts with a brad and create frames for the transparent pages with a Slick Writer or other permanent pen (or just leave them out completely).

Want to add more journaling? Ringed books such as this are great because they are easy to adjust + add more pages. Type up some journaling and print it out onto patterned paper or cardstock. Back the page with another photo or additional patterned paper.